NATURAL SCIENCES

GRADE 8 TERM 1
Tracker

COVID - 19 INFORMATION:

What is COVID-19?

COVID-19 is a disease caused by a new strain of coronavirus. 'CO' stands for corona, 'VI' for virus, and 'D' for disease. Formerly, this disease was referred to as '2019 novel coronavirus' or '2019-nCoV.' The COVID-19 virus is a new virus linked to the same family of viruses as Severe Acute Respiratory Syndrome (SARS) and some types of common cold.

What are the symptoms of COVID-19?

Symptoms can include fever, cough and shortness of breath. In more severe cases, infection can cause pneumonia or breathing difficulties. More rarely, the disease can be fatal. These symptoms are similar to the flu (influenza) or the common cold, which are a lot more common than COVID-19. This is why testing is required to confirm if someone has COVID-19.

PSYCHOSOCIAL SUPPORT

It is natural for children to feel stress, anxiety, grief, and worry during an ongoing pandemic like COVID-19. Fear and anxiety about their own health and the health of loved ones can be overwhelming and cause strong emotions. In today's digital world, children also access different kinds of information and news through social media and digital platforms, some of them may not be factually true, causing further stress and anxiety. It is enhanced when children are not able to go out, play, attend school or interact freely. For those children and families who are subjected to quarantine or isolation there may be an increased risk of violence and abuse. When stress levels go up for adults and children, there is a greater risk of gender based violence and other forms of violence against children.

Role as parent or caregiver:

- To promote an environment where children can grow up and develop their full potential having fun and being safe and healthy.
- To facilitate a space where children are listened to, they can express their thoughts and feelings, and are free to ask any question and are answered honestly.

Week 1												
		Yea	r:				Yea	ar:				
	CAPS		(Class	5				Class	5		
CAPS Concepts and Activities	Page											
	no.	Da	ite (Com	olete	ed	D	ate (Com	olete	ed	
Week 1 Lesson A												
Topic: Photosynthesis and respiration	35											
Content & Concepts: Photosynthesis												
Interactions and interdependence in an												
ecosystem are driven by the need for												
energy to sustain life												
The Sun is the most important source The sun is the most impor												
providing this energy in the form of light and heat												
Week 1 Lesson B												
Topic: Photosynthesis and respiration	35											
Content & Concepts: Photosynthesis												
Plants use carbon dioxide (from the air),												
water (from the soil) and energy from the												
Sun in a series of chemical reactions to												
produce glucose (food). This process is called photosynthesis												
Week 1 Lesson C												
Topic: Photosynthesis and respiration	35											
Content & Concepts: Photosynthesis												
Plants change glucose into starch,												
cellulose and other chemical compounds												
to enable processes, such as growth and												
reproduction	Reflection											
Year:	Reflection	on										
Think about and make a note of: What went well? W			W	hat w	ill you	u char	nge ne	ext tim	ne? W	hy?		
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work set for the week? If not, how will you get back	•											
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Week 2											
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CAPS Concepts and Activities	Page										
	no.	Da	ate (Com	plete	ed	D	ate (Com	plete	ed
Week 2 Lesson A											
Topic: Photosynthesis and respiration Content & Concepts: Respiration • Food contains energy (potential energy). This energy can be released from food by a series of chemical reactions. This process is called respiration	35										
Week 2 Lesson B											
Topic: Photosynthesis and respiration	35										
Content & Concepts: Respiration Respiration (in all living organisms) is the process by which energy is released from food in a series of chemical reactions	33										
Week 2 Lesson C											
Topic: Photosynthesis and respiration Content & Concepts: Respiration Respiration (in all living organisms) is the process by which energy is released from food in a series of chemical reactions	35										
	Reflection	n									
Think about and make a note of: What went well? What did not go well? What did the learners find difficult or easy to understand or do? What will you do to support or extend learners? Did you cover all the work set for the week? If not, how will you get back on track?			W	/hat w	vill yo	u char	nge ne	ext tim	e? W	hy?	
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Week 3 Lesson A			ate (pict					picto	.u
Topic: Interactions and	36										
interdependence within the											
environment											
Content & Concepts: Introduction to											
ecology											
Ecology is the study of interactions of											
organisms with one another and with the											
physical and chemical environment											
 Scientists usually classify the study of ecological interactions into four levels, 											
populations, communities, ecosystems											
and the biosphere											
and the disspirer											
Content & Concepts: Ecosystems											
All ecosystems combine to make up the											
biosphere											
Week 3 Lesson B											
	2.0										
Topic: Interactions and interdependence within the	36										
environment											
Content & Concepts: Ecosystems											
An ecosystem consists of an ecological											
community that includes all living											
organisms, such as plants and animals,											
together with the non-living											
environment, such as temperature, wind,											
water, interacting as a system											
Week 3 Lesson C											
Topic: Interactions and	36										
interdependence within the											
environment											
Content & Concepts: Ecosystems											
The size of an ecosystem is not											
specifically defined, and it usually											
encompasses a specific, limited area (although it can encompass the entire											
planet)											
Ecosystems are defined by the network											
of interactions among organisms and											
between organisms and their											
environment											
Survival of individual organisms and											
populations depends on its ability to											
cope with changes (adapt) in its habitat (the place where an organism lives) or in											
the ecosystem											
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Reflection		
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Think about and make a note of: What went well? What did not go well? What did the learners find difficult or easy to understand or do? What will you do to support or extend learners? Did you cover all the work set for the week? If not, how will you get back on track?	What will you change next time	e? Why?
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CAPS Concepts and Activities	Page										
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Week 4 Lesson A											
Topic: Interactions an interdependence within the environment Content & Concepts: Feeding relationships • Plants are producers. They make their own food • Animals are consumers. They obtain food from plants either directly (such as herbivores) or indirectly (such as carnivores)	37										
Week 4 Lesson B											
Topic: Interactions and interdependence within the environment Content & Concepts: Feeding relationships • Herbivores: feed on plant material • Carnivores: feed on other animals. The group includes • those that hunt other animals (prey) are predators (for example leopards) • those that eat dead animals are scavengers (for example hyenas, vultures) • insectivores feed mainly on insects and other smaller invertebrates, such as worms (for example earthworms) • Omnivores: feed on plants and animals (for example humans)	37										
Week 4 Lesson C											
Topic: Interactions and interdependence within the environment Content & Concepts: Feeding relationships • Decomposers: breakdown (decompose) the remains of dead plants and animals. They recycle important nutrients in the environment (for example bacteria, fungi, earthworms)	37										

Reflection		
Year:		
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CAPS Concepts and Activities	Page												
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Week 5 Lesson A													
Topic: Interactions and	38												
interdependence within the													
environment													
Content & Concepts: Energy Flow – food													
chains and food webs													
Plants and algae play an important role in													
the ecosystem, as they capture energy from the Sun by the process of													
photosynthesis													
Each stage of a food chain is called a													
trophic level													
Energy transfer and energy loss occur at													
each trophic level													
Week 5 Lesson B	20												
Topic: Interactions and interdependence within the	38												
environment													
Content & Concepts: Energy Flow – food													
chains and food webs													
This energy is passed along a food chain													
from producers to consumers;													
decomposers are the last link in this													
transfer of energy and release energy as heat to the environment													
Week 5 Lesson C													
Topic: Interactions and	38												
interdependence within the													
environment													
Content & Concepts: Energy Flow – food													
chains and food webs													
Interlinked food chains together form													
food webs	- 4												
	Reflection	on											
Year:													
Think about and make a note of: What went well? W	/hat did not	go	W	/hat w	/ill yo	ı char	nge ne	ext tim	ne? W	hy?			
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	Week 6	;									
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CAPS Concepts and Activities	Page										
	no.	D	ate (Com	plete	ed	D	ate (Com	plete	d
Week 6 Lesson A											
Topic: Interactions and	38										
interdependence within the											
environment											
Content & Concepts: Balance in an											
ecosystem											
An ecosystem can only accommodate as many organisms as its resources (food,											
water and shelter) can carry and it will											
fail if it does not remain in balance											
This balance can be disrupted by natural											
and human factors											
Natural factors include extreme											
changes in patterns of weather and climate, such as floods,											
drought, extreme and sudden											
changes in temperature											
 Human factors include removing 											
organisms from the ecosystem											
(such as poaching), human induced pollution											
Week 6 Lesson B											
Topic: Interactions and	38										
interdependence within the											
environment Content & Concepts: Balance in an											
ecosystem											
These factors can contribute to an											
imbalance in an ecosystem, seriously											
impacting on its components and altering											
its nature											
Week 6 Lesson C											
Topic: Interactions and interdependence	38										
within the environment											
Content & Concepts: Adaptations											
Adaptation is the change in the											
structural, functional and behavioural											
characteristics of an organism											

Reflection		
Year:		
Think about and make a note of: What went well? What did not go well? What did the learners find difficult or easy to understand or do? What will you do to support or extend learners? Did you cover all the work set for the week? If not, how will you get back on track?	What will you change next time	? Why?
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	Week 7	Week 7											
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Week 7 Lesson A													
Topic: Interactions and interdependence	38												
within the environment													
Content & Concepts: Adaptations													
Adaptation allows the organism to													
survive as it adapts to changing conditions within the environment													
Organisms that are unable to adapt to													
changes within the environment die out													
(become extinct)													
Week 7 Lesson B													
Topic: Interactions and interdependence	38												
within the environment													
Content & Concepts: Conservation of the													
ecosystem													
 Environmentalists and others work towards managing ecosystems, such as 													
control of alien vegetation and													
preservation of wetlands													
Week 7 Lesson C													
Topic: Interactions and interdependence	38												
within the environment													
Content & Concepts: Conservation of the													
ecosystem													
Individuals can contribute to conservation in various ways, such as													
conservation in various ways, such as appropriate waste disposal (including													
recycling, reusing)													
	Reflection	n											
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Think about and make a note of: What went well? W	hat did not	go	W	hat w	rill vou	ı char	nge ne	xt tim	ne? W	hv?			
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work set for the week? If not, now will you get back to	OII LIACK!												
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	Week 8											
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Week 8 Lesson A												
 Topic: Micro-organisms Content & Concepts: Types of micro-organisms Micro-organisms are living things They are too small to see with the naked eye (they can only be seen under a microscope) 	39											
Week 8 Lesson B												
 Topic: Micro-organisms Content & Concepts: Types of micro-organisms There is a variety of micro-organisms, including viruses, bacteria, protista and fungi 	39											
Week 8 Lesson C												
Topic: Micro-organisms Content & Concepts: Harmful micro- organisms Some micro-organisms cause diseases, such as TB (caused by bacteria), AIDS (caused by the HI virus) and malaria (caused by a protest) Disease causing organisms are found almost everywhere, such as at ATM's, handrails of staircases and toilets	39											
	Reflection	on										
Year:												
Think about and make a note of: What went well? W well? What did the learners find difficult or easy to u What will you do to support or extend learners? Did work set for the week? If not, how will you get back of	nderstand o	or do?	W	'hat w	'ill you	ı char	ige ne	ext tim	e? W	hy?		
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	Week 9	k 9										
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CAPS Concepts and Activities	Page no.											
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Week 9 Lesson A												
Topic: Micro-organisms Content & Concepts: Harmful micro- organisms • Waterborne diseases (such as cholera and diarrhoea) account for many child deaths	39											
 Effective methods of preventing the spread of diseases caused by microorganisms include washing hands and sterilising modern scientists such as Louis Pasteur play an important role in identifying and developing cures for some diseases Week 9 Lesson B 												
Topic: Micro-organisms	39											
Content & Concepts: Useful microorganisms Some micro-organisms play an essential role in ecosystems, such as decomposing dead plants and animal matter, thereby recycling nutrients in the soil Some micro-organisms are used by people for making certain foods (such as yoghurt) and medicines (such as penicillin) Week 9 Lesson C Topic: Micro-organisms Content & Concepts: Harmful microorganisms Some micro-organisms are used by people for making certain foods (such as yoghurt) and medicines (such as penicillin)	39											
Year:	Reflection	n										
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Think about and make a note of: What went well? W well? What did the learners find difficult or easy to u What will you do to support or extend learners? Did work set for the week? If not, how will you get back of	nderstand o you cover a	r do?	W	/hat w	rill you	ı char	nge ne	ext tim	e? W	hy?		
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